



Cultural Consciousness Workshop

**Only
£ 130**

Real adaptation comes from within and starts with understanding who we are :

- Why do we react to differences
- How can we adapt and stay true to ourselves
- How can we anticipate cultural conflicts
- Which actions can we take in real life situations

... and much more

*“Amazing experience, super useful, full of practical tools, never thought I could get so much in just one day”
(Marie Claire, expat Singapore)*

When : Saturday 22nd June 2013

Duration : 9:30 – 16:30

Venue : Evolve Wellness Center
10 Kendrick Mews
London SW7 3HG

Contact : info@be-a-chameleon.com

This workshop is a safe space to reflect and start implementing tools that will be a catalyst to changing how you see the world!

Join us on a journey of self discovery and development

